## AMK HVAC Systems Training Module 1: HVAC Fundamentals Topics

- Thermal Comfort
- Basic Air Conditioning
   Systems
- System Loops
- Zoning
- Psychrometric Chart
   Overview

Managing Comfort Challenges	
Air Speed	High velocities from duct exits can cause comfort disturbances
Eliminate Drafts	<ul> <li>Draft velocities and radiant asymmetry effects cause comfort problems. Vestibules, weather-stripping, and insulation will help.</li> </ul>
Vertical Temperatures & Air Stratification	<ul> <li>Warm air is buoyant and will rise. Temperature differences between the floor and to the occupant head level need to be within 5°F. Supply and return ductwork placement can help control Stratification.</li> </ul>
Floor Temperatures	<ul> <li>Floor temperatures must be controlled between 66°F and 84°F for occupants wearing shoes. The lower limit can be challenging to achieve in colder climates.</li> </ul>
Radiant Effects	<ul> <li>A poorly insulated wall or ceiling can cause radiant panels to be overly hot or cool. This will cause comfort problems with heat radiating to the panel or heat radiating from the occupant. Limit the degree of variation of a ceiling to no more than 9°F.</li> </ul>
Applied Marketing Knowledge, LLC	Source: AMK

### AMK HVAC Systems Training Module 2: Systems Selection Topics

- Collecting project input, including building use, budgets, and schedule, and project delivery type
- Understand Design Criteria That Affect System Selection Priorities
- Evaluating the trade-offs of different system choices
  - Preference of Owner Own vs. Lease
  - Installed vs. Operational Cost
  - Size and Shape of Building
  - Schedule
  - Comfort and Noise
  - Codes Energy Codes, Ventilation Codes
  - System Complexity
  - LEED Certification



## AMK HVAC Systems Training Module 3: Airside Systems Topics

- System Type Overview
- Comfort Control
  - Space Load
     Temperature Control
  - Humidity, Part Load Control
- VAV Systems
- Changeover/Bypass
   Zoning Systems



## AMK HVAC Systems Training Module 4: Heat Pump Systems Topics

- Heat Pump Basics
  - Overview, What and Where
  - Heat Pump Advantages
  - Life Cycle Economic Examples
- Air Source Heat Pumps
  - Air Source Heat Pump Components& Cycles
  - Air Source Heat Pump Efficiency & Sizing
- Water Source Heat Pumps (WSHP)
  - Closed Loop and Open Loop Systems
  - Heat Transfer Modes & System Layout
  - WSHP Advantages
- Geothermal Heat Pumps
  - Geothermal HP System Designs
  - Geothermal HP Components
  - Water to Water HP Efficiency



## AMK HVAC Systems Training Module 5: Variable Refrigerant Flow Systems Topics

- VRF Technology, How it Works
- VRF Advantages & Opportunities
- VRF Components
- Design & System Layout
- Summary



# AMK HVAC Systems Training Module 6: Hot Water & Hydronic Systems Topics

- Heat Transfer
- Hydronic Heat Sources, Heat Emitters
- System Approaches
  - Temperature Designs
  - Zoning and Mixing
  - Controls
  - Distribution Piping Design
  - Circulators, Pumps
  - Air expansion and air elimination
  - Benefits
- Radiant Systems Overview



# AMK HVAC Systems Training Module 7: Chilled & Condensing Water Systems Topics

- Chiller Equipment
  - Air Cooled
  - Water Cooled
  - Absorption Chiller
- Chiller Components
  - Evaporator, Condenser, Compressor, EXV
- Chiller Application Design Fundamentals
- Chiller Piping and Loop Design
  - Constant & Variable Flow,
  - Primary/Secondary Design
- Chiller System Variations
- Chiller Plant Optimization and Control



# AMK HVAC Systems Training Module 8: Chilled Water Terminal Units Topics

- Fan Coils
  - Features and Design Options
  - Standard Piping Design
  - On Demand Piping Design
  - Integrated Piping System
- Chilled Beams
  - Types of Chilled Beams
  - Operational Overview
  - Piping and System Layout



# AMK HVAC Systems Training Module 9: Automatic Temperature Controls Systems Topics

- Control Action
   Fundamentals
- DDC Components &
   System Architectures
- Unit Controller Examples,
   Specific Applications
- Building Automation
   Technology
- Control Points
   Classification &
   Engineering Design

